

# Body Treatments

## Elemis Exotic Body Therapy

### **Exotic Lime & Ginger Salt Glow**

*Invigorate, cleansed & polished to perfection.*

A body exfoliation ritual to invigorate & revitalise The body. After light body brushing, warm oil is Dripped luxuriously over the body, before the Sublime Elemis Exotic Lime & Ginger Salt Glow is Applied. Skin is deeply cleansed and moisturised, Leaving it glowing & vibrant, replenished & *Flawless*.

**55mins £70**

### **Exotic Coconut Rub & Milk Ritual Wrap**

*Pure Sensuality to Enliven the Senses*

Warmed Elemis Skin Nourishing Milk Bath is Poured all over the body before being cocooned in A comforting foil wrap. This opulent exotic therapy Is excellent for skin smoothing & softening, all Combined with a pressure point facial massage & De stress scalp treatment

**55mins £70**

### **Exotic Frangipani Body Nourish Wrap**

*For immediate softness & suppleness.*

Aromatic Tahitian Coconut & Frangipani flowers are Soaked together to produce the Monoi which is poured All over the body & then cocooned in a nourishing foil Wrap. Drenching the skin with moisture, this exotic Therapy provides ultimate radiance, vitality & all Over body glow.

**55mins £70**

### **Strawberry Herbal Back Cleanse**

Using a mask with premium grade fruit essential oils, Combined with cleansing Eastern massage techniques This treatment acts like a facial for the back, helping To cleanse & replenish, leaving your skin radiant & Glowing.

**55mins £70**

### **Aroma Spa Ocean Musclease Wrap**

*Powerful seaweed wrap for complete muscle Relaxation.*

Drift away whilst you are cocooned in a comforting Foil wrap & treated to a pressure point facial massage & de stress scalp treatment. Using a warming blend of Essential oils, this specialised treatment helps ease Aching tense muscles.

**70mins £75**

### **Body Sculpting Cellulite & Colon Therapy**

**60mins £80**

Redefine & smooth your silhouette.

Using the new clinically proven Elemis Body Sculpting Serum & Body Sculpting Firming Cream target stubborn Cellulite & sagging skin, for visible, rapid results. A Detoxifying Fennel & Birch peel of body mask is also combined with specialist massage Techniques to deeply cleanse the body's systems, Helping firm & smooth skin, stimulate circulation & Reduce fluid retention, Cleansing of the colon through Abdominal massage helps to detoxify the body, working from the inside out.

### **Cellutox Aroma Spa Ocean Wrap**

A deeply detoxifying blend to decongest & stimulate the system.

Let thoughts drift away whilst you are cocooned in a Comforting foil wrap & treated to a pressure point Facial massage & de stress scalp treatment. Combining the richness of sea plants & marine algae, this therapy helps refine the appearance of cellulite & relieve the discomfort of fluid retention. The body is re energised & skin is left silky soft & smooth.

**70mins £75**

### **Spirit Reviver**

Uplifts, detoxifies & renews zest for life with Lemon, lime, peppermint & grapefruit uplift.

**55mins £70**

### *Muscle Melt*

*Ease away aching muscles with warming Rosemary, juniper, thyme, birch and chamomile.*

**55mins £70**

### **Chakra Balancing**

*Bring your body & emotions into equilibrium with Ylang ylang & geranium*

**55mins £70**

### **Stress-A-Away**

*A soothing & relaxing massage with lavender, Chamomile, Melissa, geranium & bergamot.*

**55mins £70**

### **Indian Face, Neck and Scalp Massage**

**25mins £35**

### **Back Massage**

**25mins £35**

**Full Body Massage** 55mins £70

**Deep Tissue Full Body Massage** 55mins £70

**Head to Toe Massage** 85mins £100

## Elemis Hands & Feet Therapy

**Pro Collagen Hand & Nail Treatment** 30 mins £35

Redefine the hands of time.

Cuticles & nails are conditioned & strengthened, Whilst the indulgent Elemis Skin Nourishing Milk Bath Combined with the anti ageing Pro Collagen Hand & Nail Cream intensely hydrates for irresistibly smooth, Youthful looking hands.

**Sole Delight Grooming for Feet**

A total Sensory Experience for Your Feet.

Warmed aroma therapeutic oils nourish & super Condition neglected feet & nails. The extra rich Hydration replenishes & softens hard working heels. Lavishing a rich & healing action on your skin.

30 mins £35

## WAXING

**Hollywood** 30mins £35

Brazilian 30mins £30

Bikini 15mins £16

Half Leg Lower 15mins £18

Half Leg Upper 20mins £24

Full Leg 30mins £36

Half Arm 15mins £15

3/4 Arm 20mins £20

Full Arm 30mins £25

Under Arm 10mins £15

Lip or Chin	<b>10mins</b>	<b>£8</b>
1/2 Back	<b>15mins</b>	<b>£20</b>
Full Back	<b>30mins</b>	<b>£35</b>
1/2 Chest	<b>15mins</b>	<b>£20</b>
Full Chest	<b>30mins</b>	<b>£35</b>

### **Spray Tanning**

Choose from a selection of colours	<b>30mins</b>	<b>£25</b>
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#### **eMotion Terms & Condition**

**Booking Policy** Credit card details are required to secure your appointments. Note that we operate a cancellation policy which requires a minimum of 24 hours notice to avoid a 50% charge of the treatment booked Monday - Friday and a 100% charge Saturday and Sunday being made.

**Treatment Courses** Courses of treatment are valid for one year only. Buy a course of any 5 treatments & receive the 6th free.

**Allergy Testing** Eyelash & Eyebrow Tinting require a 24hr patch test to make sure you are not allergic. So don't forget to book for these. We do not charge for testing or consultations.

**Children** Please note that children under the age of 13 are not permitted into the treatment rooms, for their own safety. Those aged between 13 & 16 must be accompanied by a parent or guardian.

**Gift Vouchers** Are available to buy from reception and are valid for 6 months from issue date only.

**Smoking:** Smoking is strictly prohibited within the spa.

**Mobile Phones:** To maintain peace & tranquillity, use of mobile phones is prohibited in all areas of the club.

**Courtesy:** Please be courteous to all other spa users when using the facilities.

**MEMBERS RECEIVE 10% OFF ALL TREATMENTS & PRODUCTS.**